

## CONTENTS

- Milk and its Uses in Assyrian Folklore  
Michael Abdalla ----- 9
- Milk: Nutritious and Dangerous  
Ken Albala ----- 19
- Milk and its Products in Ancient Rome  
Joan P. Alcock ----- 31
- The Cheeses of Hokkaido and other Milky Issues in a Ricist Society  
Michael Ashkenazi ----- 39
- How the Bengalis Discovered Chhana and its Delightful Offspring  
Chitrita Banerji ----- 48
- Touloumotyro: Centuries Old and About to Die  
Rosemary Barron ----- 60
- Milk and its By-products in Ancient Persia and Modern Iran  
Najmieh Batmangltj ----- 64
- Rabbits, Fondues and Physics  
Tony Blake ----- 74
- Milk-borne Diseases: An Historic Overview and Status Report  
Fritz Blank ----- 81
- Hawking Milk: The Public Health Profession, Pure Milk,  
and the Rise of Advertising in Early Twentieth-century America  
Daniel Ralston Block ----- 86
- The Hierarchy of Milk in the Renaissance,  
and Marsilio Ficino on the Rewards of Old Age  
Phyllis Pray Bober ----- 93
- New York Milk Culture: Some History, Facts and Concerns  
Una Bray ----- 98
- Farmhouse Gouda: A Dutch Family Business  
Janny de Moor ----- 107
- Milk and Dairy Products in the Roman Period  
Carol A. Dery ----- 117
- Carabao Milk in Philippine Life  
Doreen C. Fernandez ----- 126
- A Spring-house in Pennsylvania: Design and Use

- Rebecca Fitzjohn and Harlan Walker ----- 137
- How Old is Old Cheese?  
Gamalost in Coffin-shaped Boxes and Eccentric Jars  
Ove Fossa ----- 144
- The Origins of Taste in Milk, Cream, Butter and Cheese  
Sarah Freeman and Silviya Davidson ----- 161
- Cato's Roman Cheesecakes: The Baking Techniques  
Sally Grainger ----- 168
- Dairy Food in the UAE  
Philip Iddison ----- 178
- What's in a Name? Some Thoughts on the Origins,  
Evolution and Sad Demise of Béchamel Sauce  
Cathy K. Kaufman ----- 193
- Low-temperature Cheese-making: Ancient Wisdom not Outdated  
Lidia Kitrilakis and Sotiris Kitrilakis ----- 206
- The Artisanal and Regional Cheeses of Greece  
Diane Kochilas ----- 209
- Fresh From the Cow's Nest: Condensed Milk and Culinary Innovation  
Rachel Laudan ----- 216
- The Rise of the Cream Sauce, 1660—1760  
Gilly Lehmann ----- 225
- Finnish-American Milk Products in the Northwoods  
Yvonne R. Lockwood & William C. Lockwood ----- 232
- Names for Milk and Milk Products  
Jenny Macarthur ----- 241
- The Milk-tie  
Jeremy MacClancy ----- 248
- The Health Hazards of Milk  
H. Morrow Brown ----- 259
- The Art of Making Brie de Meaux Fermier  
Lizabeth Nicol ----- 268
- Medieval Arab Dairy Products  
Charles Perry ----- 275
- Images of Progress: Milk Advertisements in Greece

Ella Petridou ----- 278

Cheese in Art

Gillian Riley ----- 287

Animal Husbandry and Other Issues in the Dairy Industry  
at the End of the Twentieth Century

Cherry Ripe ----- 293

Sandesh: An Emblem of Bengaliness

Colleen Taylor Sen ----- 300

Yoghurt in Iran

Margaret Shaida ----- 309

The Origins of the New York Dairy Industry

Andrew F. Smith ----- 315

The Wet-nurse

Raymond Sokolov ----- 330

Milky Medicine and Magic

Layinka M. Swinburne ----- 337

More on the Origin and History of the Ice-cream Cone

Robin Weir ----- 345

Use of Almonds in Late-medieval English Cookery

Caroline Yeldham ----- 352

La Laiterie de la Reine at Rambouillet

Carolin C. Young ----- 361

Other Papers Given at the Symposium ----- 379

List of those attending the Symposium ----- 381